

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <h1 style="color: red; margin: 0;">SEPTEMBER 2023</h1> <h2 style="color: red; margin: 0;">Health Care Center Activities</h2> <p style="color: red; margin: 0;">Subject to Change</p>						<b>1</b> AM Bike Rides OR 10:30 Chair Exercise: Village Sneakers ~ Activity Area 1:30 Midnight Riders 1st Fl Activity Room	<b>2</b> 10:30 Balloon Ball ~ Activity Area 2:30 Movie: Life Is Beautiful ~ Activity Area
<b>3</b> 3:00 Chapel & Communion ~ Activity Area	<b>4</b> 10:30 Chair Exercise: Village Sneakers ~ Activity Area 2:30 Labor Day Laughs ~ Activity Area <p style="text-align: center; color: green; font-weight: bold;">Labor Day</p>	<b>5</b> 10:30 Balloon Ball ~ Activity Area 11:00 Bible Study ~ Activity Area 2:30 Bingo ~ Activity Area	<b>6</b> 10:30 Chair Exercise: Village Sneakers ~ Activity Area 2:30 Shut the Box Card Game ~ Activity Area 6:00 Evening Music ~ Activity Area	<b>7</b> 10:30 Balloon Ball ~ Activity Area 1:30 Paul Davis ~ 1st Fl Activity Room 6:00 Bingo ~ Activity Area	<b>8</b> AM Bike Rides OR 10:30 Chair Exercise: Village Sneakers ~ Activity Area 2:30 Caramel Dip & Apples ~ Activity Area	<b>9</b> 10:30 Balloon Ball ~ Activity Area 2:30 Movie: It Happened To Jane ~ Activity Area	
<b>10</b> 3:00 Chapel ~ Activity Area <p style="color: green; font-weight: bold;">Grandparents Day</p>	<b>11</b> 10:30 Chair Exercise: Village Sneakers ~ Activity Area 2:30 Reflection Painting ~ Activity Area 6:00 Manicures ~ Activity Area	<b>12</b> 10:30 Balloon Ball ~ Activity Area 11:00 Bible Study ~ Activity Area 2:30 Bingo ~ Activity Area	<b>13</b> 10:30 Chair Exercise: Village Sneakers ~ Activity Area 2:00 Bus Trip: Picnic at Uhlenhopp Arboretum	<b>14</b> 10:30 Balloon Ball ~ Activity Area 1:30 Chats in the Courtyard ~ Courtyard 6:00 Bingo ~ Activity Area	<b>15</b> AM Bike Rides OR 10:30 Chair Exercise: Village Sneakers ~ Activity Area 2:30 Bedazzled Mirror ~ Activity Area	<b>16</b> 10:30 Balloon Ball ~ Activity Area 2:30 Movie: You've Got Mail ~ Activity Area	
<b>17</b> 3:00 Chapel ~ Activity Area	<b>18</b> 10:30 Chair Exercise: Village Sneakers ~ Activity Area 2:30 Reminiscing ~ Activity Area 6:00 Manicures ~ Activity Area	<b>19</b> 10:30 Balloon Ball ~ Activity Area 11:00 Bible Study ~ Activity Area 2:30 Bingo ~ Activity Area	<b>20</b> 10:30 Chair Exercise: Village Sneakers ~ Activity Area 2:30 Zip Code Dice Game ~ Activity Area 6:00 Evening Music ~ Activity Area	<b>21</b> 10:30 Balloon Ball ~ Activity Area 1:30 Make Bouquets with Flowers by Marji ~ 1st Fl Activity Room 6:00 Bingo ~ Activity Area	<b>22</b> AM Bike Rides OR 10:30 Chair Exercise: Village Sneakers ~ Activity Area 2:30 Yum Travel Box: ~ Activity Area	<b>23</b> 10:30 Balloon Ball ~ Activity Area 2:30 Movie: The Sandlot ~ Activity Area <p style="text-align: center; color: green; font-weight: bold;">Fall Begins</p>	
<b>24</b> 3:00 Chapel ~ Activity Area	<b>25</b> 10:30 Chair Exercise: Village Sneakers ~ Activity Area 2:30 Playing Vinyl Records ~ Activity Area 6:00 Manicures ~ Activity Area	<b>26</b> 10:30 Balloon Ball ~ Activity Area 11:00 Bible Study ~ Activity Area 2:30 Bingo ~ Activity Area	<b>27</b> 10:30 Chair Exercise: Village Sneakers ~ Activity Area 11:00 Tenant Council Meeting ~ Activity Area 2:30 Scarecrow Wreath ~ Activity Area	<b>28</b> 10:30 Balloon Ball ~ Activity Area 1:30 Jeff & Nancy Beal ~ 1st Fl Activity Room 6:00 Bingo ~ Activity Area	<b>29</b> AM Bike Rides OR 10:30 Chair Exercise: Village Sneakers ~ Activity Area 2:30 Birthday Party ~ Activity Area	<b>30</b> 10:30 Balloon Ball ~ Activity Area 2:30 Movie: My Best Friends Wedding ~ Activity Area	